



1  
00:00:00,766 --> 00:00:05,104  
[ Music ]

2  
00:00:05,104 --> 00:00:07,873  
>> It's a light duty day  
for the Expedition 37 crew

3  
00:00:07,873 --> 00:00:09,075  
as they begin unpacking.

4  
00:00:09,075 --> 00:00:12,311  
The recently arrived  
Soyuz TMA-10M

5  
00:00:12,311 --> 00:00:14,046  
and getting the crew  
members who arrived on it

6  
00:00:14,046 --> 00:00:16,916  
up to speed on life in space.

7  
00:00:16,916 --> 00:00:18,818  
The full Expedition 37 crew now

8  
00:00:18,818 --> 00:00:21,353  
on board the station includes  
Russian Commander Fyodor

9  
00:00:21,353 --> 00:00:24,557  
Yurchikhin, U.S. Flight  
Engineer Karen Nyberg,

10  
00:00:24,557 --> 00:00:28,260  
and European Space Agency Flight  
Engineer, Luca Parmitano all

11  
00:00:28,260 --> 00:00:29,261  
of whom have been at the station

12

00:00:29,261 --> 00:00:33,265  
since May 28th, 121  
days now in all.

13

00:00:33,265 --> 00:00:35,434  
And then also three newly  
arrived crew members.

14

00:00:35,434 --> 00:00:37,336  
U.S. Flight Engineer  
Mike Hopkins

15

00:00:37,336 --> 00:00:39,605  
and Russian Flight  
Engineers Oleg Kotov

16

00:00:39,605 --> 00:00:42,074  
and Sergey Ryazanskiy.

17

00:00:42,074 --> 00:00:45,444  
Hopkins, Kotov, and Ryazanskiy  
launched aboard their Soyuz

18

00:00:45,444 --> 00:00:49,048  
TMA-10M from the [inaudible]  
cosmodraum [phonetic]

19

00:00:49,048 --> 00:00:52,952  
in Kosnastonic, 3:58 p.m.  
Central Time Wednesday kicking

20

00:00:52,952 --> 00:00:55,421  
off a 6 month stay in space.

21

00:00:55,421 --> 00:00:58,691  
Like the two previous Soyuz  
crews, they made the journey

22

00:00:58,691 --> 00:01:00,860

to the station in just  
about 6 hours arriving

23

00:01:00,860 --> 00:01:04,330  
at 9:45 p.m. Central Time that  
same night and opening hatches

24

00:01:04,330 --> 00:01:08,834  
at 11:34 p.m. Since  
Wednesday was such a long day

25

00:01:08,834 --> 00:01:09,969  
for both [inaudible]  
of the crew,

26

00:01:09,969 --> 00:01:12,071  
they had Thursday completely off

27

00:01:12,071 --> 00:01:14,006  
with no items on  
their to do list.

28

00:01:14,006 --> 00:01:17,776  
And now today they're easing  
back into regular routine

29

00:01:17,776 --> 00:01:21,046  
with just that light  
duty time scheduled.

30

00:01:21,046 --> 00:01:24,183  
The light duty day today gives  
the crew another chance to rest

31

00:01:24,183 --> 00:01:27,052  
up before they're called  
upon to work this weekend.

32

00:01:27,052 --> 00:01:29,088  
The Space Station Missions

Management Team has been meeting

33

00:01:29,088 --> 00:01:31,524  
on the subject of a  
second berthing attempt

34

00:01:31,524 --> 00:01:35,427  
for Orbital Sciences Cygnus  
cargo vehicle on Sunday.

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00:01:35,427 --> 00:01:37,696  
That vehicle has completed  
several engine firings

36

00:01:37,696 --> 00:01:41,901  
that would put in place  
for that possible berthing

37

00:01:41,901 --> 00:01:45,871  
and NASA TV coverage would  
begin at 3:30 a.m. Central Time.

38

00:01:45,871 --> 00:01:49,341  
You can keep an eye on [NASA.gov](http://NASA.gov)

39

00:01:49,341 --> 00:01:53,078  
for further updates  
on its status.

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00:01:53,078 --> 00:01:54,113  
It's been a very busy week

41

00:01:54,113 --> 00:01:55,748  
for the crew onboard  
the Space Station.

42

00:01:55,748 --> 00:01:58,484  
With the postponement of the  
Cygnus birthing, they were able

43

00:01:58,484 --> 00:02:01,587  
to squeeze in a good deal  
of extra science work.

44

00:02:01,587 --> 00:02:02,821  
Flight engineers Karen Nyberg

45

00:02:02,821 --> 00:02:04,823  
and Luca Parmitano  
both spent some time

46

00:02:04,823 --> 00:02:07,426  
on the InSPACE-3 experiment

47

00:02:07,426 --> 00:02:11,530  
which examines colloidal fluids  
classified as smart materials.

48

00:02:11,530 --> 00:02:13,966  
Those transfer into a solid  
like state in the presence

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00:02:13,966 --> 00:02:15,935  
of a magnetic field  
and the hope is

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00:02:15,935 --> 00:02:18,404  
that new manufacturing  
models based on the idea

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00:02:18,404 --> 00:02:20,239  
of having nanoparticles act

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00:02:20,239 --> 00:02:23,375  
as self assembling building  
blocks could be used to improve

53

00:02:23,375 --> 00:02:25,844  
or develop active

mechanical systems

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00:02:25,844 --> 00:02:30,049  
such as new brake systems  
in airplane landing gear.

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00:02:30,049 --> 00:02:31,217  
Nyberg and Parmitano  
also took part

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00:02:31,217 --> 00:02:33,452  
in the reaction self  
test experiment.

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00:02:33,452 --> 00:02:36,622  
That study is aimed at trying  
out a way for astronauts

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00:02:36,622 --> 00:02:40,059  
to objectively assess whether  
fatigue might affect their

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00:02:40,059 --> 00:02:41,627  
performance in space.

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00:02:41,627 --> 00:02:44,563  
Nyberg also worked on the  
Ice Crystals 2 experiment

61

00:02:44,563 --> 00:02:46,665  
which looks at the  
growth rates and stability

62

00:02:46,665 --> 00:02:49,235  
of ice crystals in  
super cold water.

63

00:02:49,235 --> 00:02:50,903  
The results of that  
experiment could open

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00:02:50,903 --> 00:02:53,305  
up a new research field  
related to the fundamentals

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00:02:53,305 --> 00:02:55,307  
of crystal growth  
mechanisms controlled

66

00:02:55,307 --> 00:02:58,043  
by biological macromolecules.

67

00:02:58,043 --> 00:02:59,645  
And Parmitano performed  
some maintenance

68

00:02:59,645 --> 00:03:02,381  
on the materials science  
laboratory changing

69

00:03:02,381 --> 00:03:05,618  
out experiments being  
run from the ground.

70

00:03:05,618 --> 00:03:09,822  
Materials at science laboratory  
can be used for basic materials

71

00:03:09,822 --> 00:03:13,659  
on metals, alloys, polymers,  
semiconductors, ceramics,

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00:03:13,659 --> 00:03:15,160  
crystals, and glasses.

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00:03:15,160 --> 00:03:17,563  
It could help scientists  
discover new applications

74

00:03:17,563 --> 00:03:20,532

for existing materials  
or help lead to new

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00:03:20,532 --> 00:03:22,534

or improved materials.

76

00:03:22,534 --> 00:03:24,203

That's what's been going  
on in space this week